



# PALOS STARS FOOTBALL & CHEERLEADING

It's that time of the year again, to register for the **2025 PALOS STARS JUNIOR FOOTBALL & CHEERLEADING PROGRAM**. Boys ages 6 thru 14 and girls ages 7 thru 14 years old may sign up to be a member of the Finest Football Program in the Southwest Suburbs for 52 years.

**HISTORY** - The Palos Stars organization is a private, non-profit program founded in 1972 and has provided thousands of our community's boys and girls an opportunity to play organized junior football and cheerleading. We are members of the Southwest Midget Football League and compete against some of the best youth football programs in the state; such as, New Lenox, Oak Lawn, Evergreen Park, South Holland, Mid-Crest, Dolton, Oak Forest, Alsip, Hegewisch, Burbank, Tinley Park & Crete. Approximately 90% of our players go on to play high school football as our players are heavily scouted by surrounding catholic and public high schools.

## IN-PERSON REGISTRATION INFORMATION

- **LOCATION** – George Cuevas Park: 114<sup>th</sup> Place & SW Highway, Palos Hills  
(Our Home field and practice site)
- **DATES & TIMES** – Saturday, February 8, 2025 – 10:00 am - 2:00 pm

## ONLINE REGISTRATION INFORMATION

- **Begins February 10, 2025.** Please email us for additional information at [palosstarsfootball@gmail.com](mailto:palosstarsfootball@gmail.com).
- **BOUNDARIES** – Our football and cheerleading program services the following communities: Palos Hills, Palos Heights, Palos Park, Orland Park, Chicago Ridge, Bridgeview, Worth, Justice, Summit, Hickory Hills, & Willow Springs. If in doubt whether you live in our boundaries, please call.
- **REGISTRATION FEES** – Full registration is \$300. Minimum at registration is \$150 and is non-refundable. The remainder can be paid at equipment pick-up (the last week of July). Starting June 1, 2025 the registration fee will be \$400. So register early!

Registration fee includes: first mouthpiece, (1) pair of game socks, personalized game jersey, insurance, team and individual pictures, awards banquet ticket including award, plus the use of the finest equipment money can buy. Cheerleaders receive spankies, body suit, socks, insurance, pictures, awards banquet and award, plus use of the equipment for cheering.

- **MANDATORY FUNDRAISER** - \$120/per child for one book of 12 raffle tickets at \$10 per ticket.
- **WORK COMMITMENT** - \$200/per family. Each family is required to volunteer 6 hours.
- **AGE/WEIGHT RESTRICTIONS** – In addition to qualified, trained coaches, strict age/weight restrictions enable us to help keep the Palos Stars safe for our kids while teaching them the correct fundamentals of football and cheerleading as well as valuable life lessons.

5-7 years old	- Mighty Mites
8-9 years old	- Widgets
9-10 years old	- Pee Wees
11-12 years old	- Jr. Varsity
13-14 years old (not in high school)	- Varsity

Our program plays a 10 game season, including pre-season and post season games. Usually games are played on Saturdays.  
FOR FURTHER INFORMATION CALL OUR ATHLETIC DIRECTOR LOU TRENCH AT (708) 371-4074

“Committed to Excellence”

[www.teampages.com/teams/1167569-Palos-Stars-Football-Cheerleading-football-team-website](http://www.teampages.com/teams/1167569-Palos-Stars-Football-Cheerleading-football-team-website)  
[palosstarsfootball@gmail.com](mailto:palosstarsfootball@gmail.com)